

Bharata Mata College, Thrikkakara

Women's Cell

ANNUAL REPORT OF
WOMEN CELL

Members of Women Cell

Faculty coordinator - **Dr. Anu K John**

Faculty members - Dr. Shibi Thomas

Mrs. Susan K Mathew

Ms. Drishya Raj

Student representatives-

Ms. Christima Shajo

Ms. Abhirami Gangadharan

Ms. Ann Maria John

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Women's Cell

Women Cell of Bharata Mata College aims at women empowerment through the development of competencies, dynamism, motivation and effectiveness to perform present or expected future roles. Its goal is to sharpen capabilities, discover and exploit their own inner potential for development and wellbeing. For the academic year 2021-22, women's cell organized various programmes to accomplish its goals. For this academic year Women's cell has got a financial assistance from Kerala State Women's Development Corporation based on the proposal submitted. The amount sanctioned was Rs.25000/- and the amount received as first installment was Rs. 10000/-. With the help of this financial aid, Women's Cell of Bharata Mata College has organized various programmes for the students especially for girl students of the college.

A brief report of various programmes conducted by Women's Cell for the academic year 2021-22 is given below.

1. Inauguration

Date: **29/07/2021**

Report

Activities of Women's cell for the academic year 2021-22 was inaugurated on 29/07/2021 by Dr. M. Beena IAS, Chairperson, Cochin Port Trust. The programme began at 3.30 pm with a Prayer Song by Ms. Sandra K. S of II semester M. Sc Chemistry. Dr. Anu K John, faculty of the Chemistry Department and the Co-ordinators of the Women's Cell welcomed the audience. The Principal of the College, Dr. Shiny Palatty delivered the Presidential address followed by a felicitation by the Vice Principal Dr. Surekha Zacharias. Dr. M Beena delivered the inaugural address after the formal inauguration. Ms. Abhirami Gangadharan, Student representative of Women's cell proposed the vote of thanks. The event came to an end by 4.30 pm.

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Women's Cell

BHARATA MATA COLLEGE, THRIKKAKARA
(Accredited by NAAC with A+ Grade)

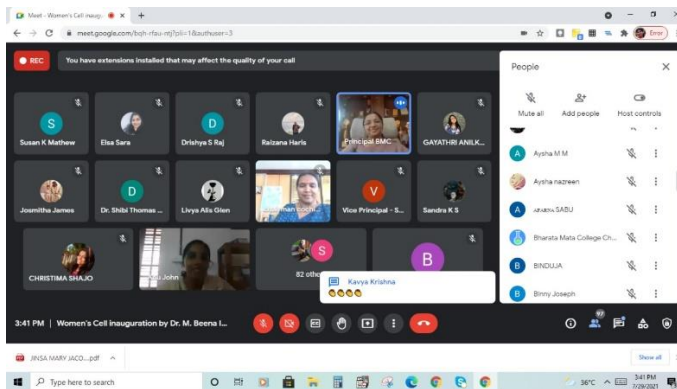
WOMEN'S CELL INAUGURATION



DR. M BEENA IAS
CHAIRMAN, COCHIN PORT TRUST

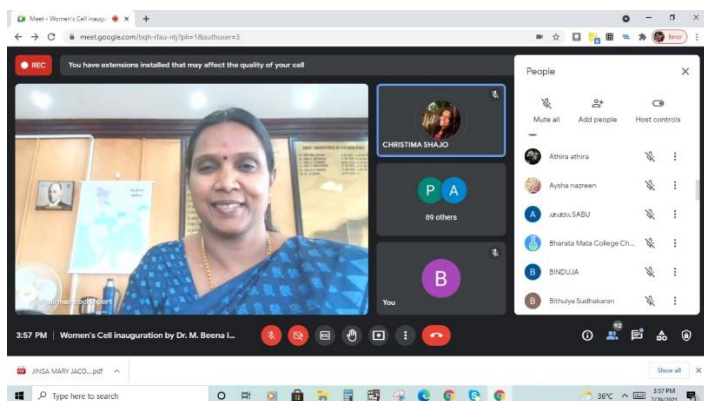
On 29th July 2021
at 3:30 PM

*Be a part of our celebration through
google meet*



Bharata Mata College, Thrikkakara

Women's Cell



2. Kanal- Gender Sensitization Campaign

Date: 03-08-2021

Report

Women's cell of Bharata Mata College organized a gender sensitization campaign called KANAL in association with Women and child development department, Ernakulam on 03/08/2021 at 9.30 am through online platform (google meet). Second year Students of B. Com, Physics and Malayalam departments are participated in the function. Programme was started with a prayer song by Dilshana Sherin of Second year Physics (Model II). A general introduction about the functioning of Women and child development department as given by Ms. Amrutha (District Women and child development department). A talk of gender relations was delivered by Dr. K. M. Sheeba, HOD and Professor, Sree sankara university, Kalady followed by a discussion. The second lecture was given by Adv. Maya Krishnan, high court of Kerala on gender and legislation. After which, there is a question-answer session. Ms. Arya Dileep, Women welfare officer, District Mahila Sakthi Kendra delivered the formal vote of thanks. The programme as over at 1.00 pm.

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Women's Cell



WOMEN AND CHILD DEVELOPMENT DEPARTMENT
ERNAKULAM

GENDER SENSITISATION CAMPAIGN

KANAL 

BHARATA MATA COLLEGE THRIKKAKARA
Women Cell

AUGUST 3, 2021 | 09:30 AM


DR K M SHEEBA
HOD & PROFESSOR HISTORY DEPT SSUS KALADY
Gender Relations


ADV MAYAKRISHNAN
HIGH COURT OF KERALA
Gender & Legislation

MAHILA SHAKTI KENDRA ERNAKULAM



3. Online Campaign against Dowry

Date: 31/08/2021

Report

Bharata Mata College was selected for the district wise inauguration of the Online campaign against Dowry, initiated by the State Women's Commission, from 15th August to 26th November, 2021. The campaign entitled "Sakudumbham Sthree dhanathinethirae" was jointly organized by the Internal Complaints Cell (ICC), Women's Cell and Gender Equity Cell of the college. The Online event was materialized on Google Platform on 31st August, 2021 at 6 PM.

The programme began with a Prayer Song by Ms. Sandra K. S of II semester M. Sc Chemistry. Dr. Semichan Joseph, faculty of the MSW Department and one of the Co-ordinators of the Gender Equity Cell welcomed the audience. The Principal of the College, Dr. Shiny Palatty

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delivered the Presidential address. The Campaign was inaugurated by Adv. Shiji Shivaji, Member, Kerala State Women's Commission. Following this, Dr. Sindhu Joseph of the department of Chemistry and one of the Co-ordinators read out the pledge against Dowry, which was repeated by the students and their family members. The keynote speaker of the day was Dr. Unnimol, Consultant Psychologist and Counselor of Snehitha Gender Help desk, Kottayam. She touched upon various relevant social, economic and psychological issues faced by women and their families on account of this social evil. At the end of the talk, there was a short interactive session with the students. Almost 100 families actively took part in the Google meeting and several students watched the programme with their families live on You tube. E-Certificates were issued to the participants. The entire programme was beautifully compered by Ms. Christima Shajo of 5th Semester B. Sc Chemistry. Faculty of the English Department Ms. Sabitha Zacharias proposed the vote of thanks. The event came to an end by 7: 30 pm.

ICC, WOMEN CELL, GENDER EQUITY CELL
BHARATA MATA COLLEGE, THRIKKAKARA
IN COLLABORATION WITH
KERALA VANITHA COMMISSION

സദ്യംബം
സ്ത്രീധനത്തിനെതിരെ

ഉദ്ഘാടനം അഡ്വ: ഷിജി ശിവജി
മെമ്പർ, കേരള വനിതാ കമ്മീഷൻ

പ്രഭാഷണം: ഡോ. ഉണ്ണിമോൾ
കൺസൾട്ടന്റ് സൈക്കോളജിസ്റ്റ് കൗൺസിലർ
സ്നേഹിത ഷെൻഡർ ഹെൽപ്പ് ഡെസ്ക്, കോട്ടയം.
എം എ. എഫി.ൽ, പി എച്ച് ഡി

31 August 2021 | 6pm

Bharata Mata College, Thrikkakara

Women's Cell

4. Interdepartmental Poster Competition

Topic : 'No to Dowry'

Report

An Interdepartmental Poster making Competition was jointly organized by the Women's Cell and Gender Equity Cell of Bharata Mata College on the topic 'No to Dowry' on 7th September, 2021. The aim of this activity was to create awareness about the increasing incidence of dowry and domestic violence in the society. The contest, which was conducted as a preliminary screening for University level poster competition was coordinated by Dr. Sindhu Joseph and Dr. Anu K. John of the chemistry department. Seven students from various departments actively participated by sending their creative works. The poster competition provided a platform for students to express their views and concerns against this social evil and raise voice for the victims. The posters were evaluated by Dr. Liji Joseph, Assistant Professor in Malayalam, based on which Gautham Sankar of B. Com (CA2) and Dona Martin of III B. A English were given Ist and IInd prizes respectively. The posters which were compiled and made into a collage, were shared among teachers and students through whatsapp groups. The two prize winning posters were sent to the official email address of the Registrar of M. G. University, Kottayam for further evaluation and selection to Kerala Raj Bhavan as directed from the Hon'ble Chancellor's Office, as per circular dated 25.08.2021.

Bharata Mata College, Thrikkakara

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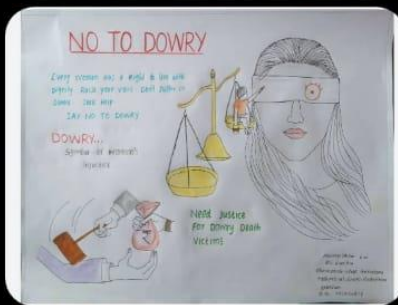
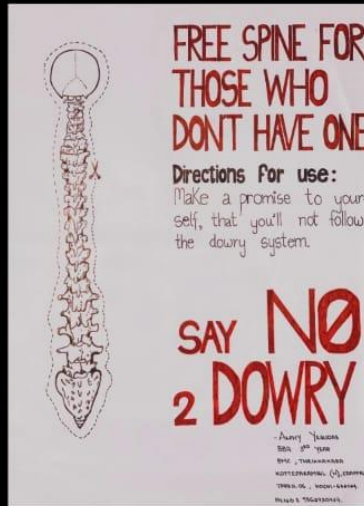
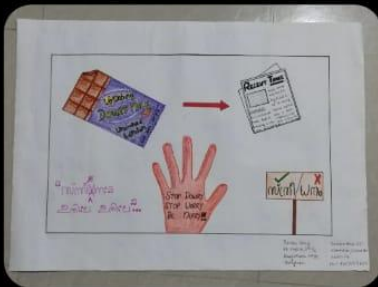
NO TO DOWRY



1st prize



2nd prize



Bharata Mata College, Thrikkakara

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5. Seminar

Title: “The Mystery Behind Creating Healthy Relationships”

Date: 20/11/2021

Report

An interactive session on “The Mystery Behind Creating Healthy Relationships” by Sijo Pynadath, Sub-editor, Deepika Daily was jointly organized by Women's Cell, Gender Equity Cell and Internal Complaints Cell of the college in association with Kerala State Women's Development Corporation (KSWDC) on November 20, 2021 from 10.30 am to 12 pm. The session was attended by nearly 100 participants in Google Meet.

The programme began with a prayer song by Ms. Rosna Denny of I BA English and Dr. Shibi Thomas from the postgraduate department of Physics and one of the coordinators of Women's Cell welcomed the audience. Mr.Sijo Pynadath communicated to the participants the tips for creating positive relationships and to identify toxicity in relationships. The entire programme was actively compered by Christima Shajo of B.Sc Chemistry. The session was very interactive and it concluded with a Q&A Session and Ms. Julie P.J, HoD, Department of Taxation and one of the coordinators of ICC proposed the Vote of Thanks.

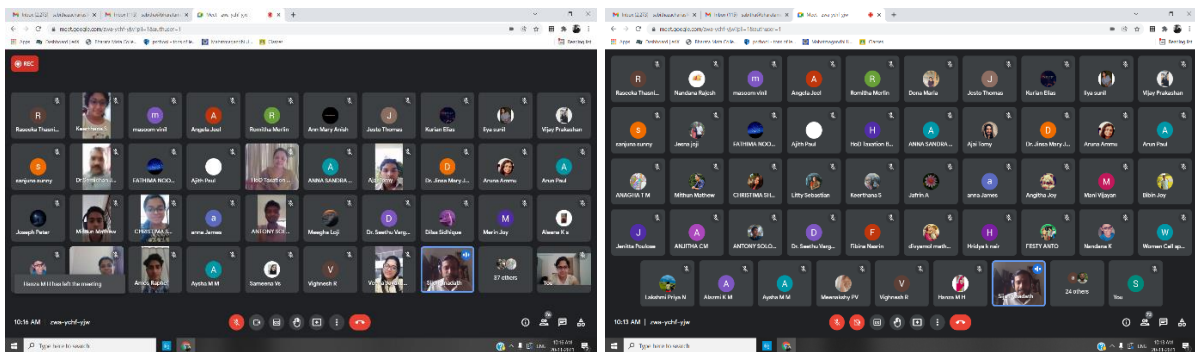
Programme poster

Bharata Mata College, Thrikkakara

Women's Cell



Photos



6. Self Defence Training Programme

Date: 10/12/2021

Report

The Women's Cell, Gender Equity Cell and Internal Complaints Committee (ICC) of Bharata Mata College in association with Kerala State Women's Development Corporation (KSWDC) and Sakhi One Stop Centre organized a 'Self- Defence Training Programme' as a part of 'Orange the World Campaign'. The two hour event was attended by girl students of the College on 10th December, 2021 in the College Auditorium from 10:30 AM - 12:30 PM. The programme began with a Prayer Song by Ms. Ayana and Ms. Keerthana of I B. A English. Ms.

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Sandhya V. K., Psychosocial Counselor, Sakhi One Stop Center, Ernakulam welcomed the audience. The Principal, Dr. Shiny Palatty inaugurated the program and delivered the Presidential address. One of the co-ordinators of Women's Cell, Dr. Shibi Thomas, read out a pledge to safeguard Human Rights on this occasion. Mr. A. Ananthlal, Circle Inspector and Station House Officer of Kochi Metro Police Station and Dr. Semichan Joseph, faculty of the MSW Department and one of the Co-ordinators of the Gender Equity Cell felicitated the gathering. Following this, Dr. Sindhu Joseph of the Department of Chemistry and one of the Co-ordinators of Gender Equity Cell proposed the vote of thanks.

At the end of the talk, there was a short interactive session of lady officers of the Kerala Police Team with the audience, who gave practical measures to defend women in case of any attempt of sexual harassment or molestation. They also demonstrated various skills on self defense. Around 125 participants including faculty and girl students from various departments attended the programme. Ms. Veenaa Jaykumar, Guest Faculty of the Department of Economics and Abhina, of III B. A Malayalam enacted in a documentary on 'Self Defense' to be released by the Hon'ble Chief Minister of Kerala. Ms. Abhina's performance was related to physical torture at home and Ms. Veenaa performed self defence during an acid attack. The entire session was beautifully compered by Ms. Malavika of B. A English. The event came to an end with the National Anthem by 12: 30 pm.

Programme poster

Bharata Mata College, Thrikkakara

Women's Cell

BHARATA MATA COLLEGE THRIKKAKARA
Affiliated to Mg University, Re-accredited by NAAC with 'A+' Grade, ISO 9001:2015 Certified

Women's Cell, Gender Equity Cell & Internal Complaints Committee
in association with
Kerala State Women's Development Corporation (KSWDC)
&
Sakhi One Stop Centre
Organizing
Self-defence Training Programme
As a part of
Orange the World Campaign

Chief Guest
Aishwarya Dongre IPS, DCP, Kochi

Date : 10/12/2021 Time : 11 am
Venue: Auditorium

Photos



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7. Visit to old-age home (Karunalayam)

Date: 24/03/2022

Report

Women's Cell has arranged a visit to Karunalayam (an old age home managed by sisters of Destitute) on 24/03/2022 in association with Department of Chemistry of Bharata Mata College as an extension activity. 17 students and two teachers were participated in the programme. They were reached Karunalayam at 10.30 am and spent there for 2 hours. They served Some Food items to the inmates of Karunalayam.

Photos



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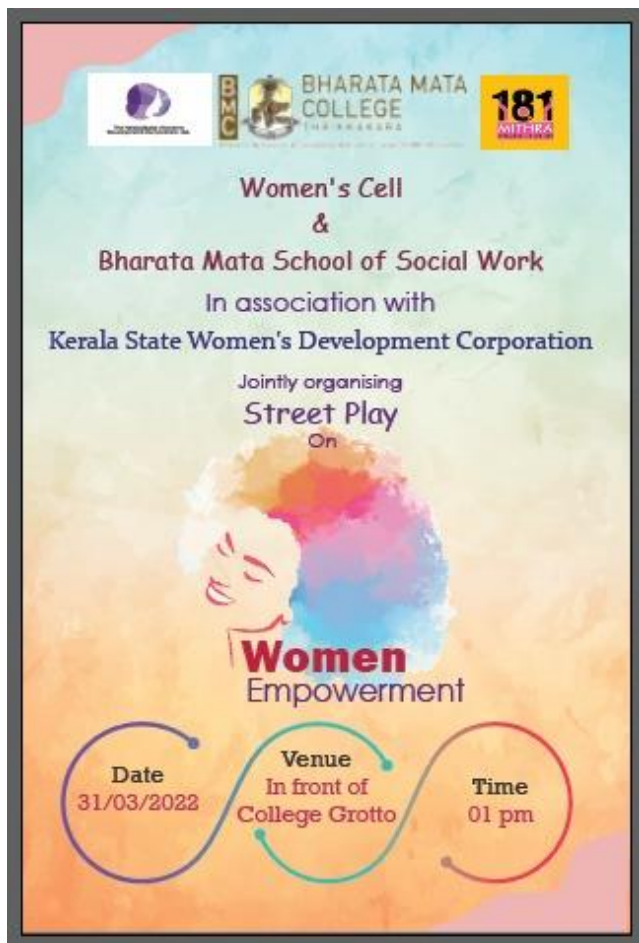
8. Street Play

Date: 31/03/2022

Report

Women's cell in association with Bharata Mata School of social work organized a street play in the college campus to invoke attention of the college community towards the issues of women and gender minorities. The programme was conducted on 31/03/2022 at 1.00 pm in front of college library. 31 students from MSW department were the performers of street play. Lunch was served to the performers of street play after the programme.

Programme poster



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Photos



9. Seminar

Title: Intimate Health and Hygiene for All

Date: 31/03/2022

Report

Women's cell organized a session on "Intimate Health and Hygiene for All" on 31/30/2022 at 2 pm in the MBA Seminar hall. The resource person was Ms. Kavya Menon, Eco-feminist and Sex educator of Eco-Feminist Research Foundation. Dr. Shibi Thomas of Physics department

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delivered the welcome speech and introduced the resource person. In the session, basic facts about sexuality were discussed. The resource person also gave an idea regarding the usage of menstrual cup. Duration of the talk was 2 hours. Dr. Anu K John, Coordinator of Women's Cell proposed the vote of thanks. 87 students and 3 teachers were participated in the programme. Tea and snacks were served at the end of the programme.

Programme poster

The poster features a pink and purple background with a watercolor effect. At the top, there are logos for the Kerala State Women's Development Corporation, Bharata Mata College Thrikkakara (BMC), and 181 MITRA. The text reads: 'Women's Cell In association with Kerala State Women's Development Corporation Jointly organising A session on 'Intimate Health and Hygiene For All''. Below this is a photo of Kavya, the resource person, with her name and title: 'Resource Person Kavya Ecofeminist & Sex educator Eco Feminist Research Foundation'. At the bottom, three circular icons provide the event details: 'Date 31/03/2022', 'Time 02 pm', and 'Venue MBA Seminar Hall'.

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Photos



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